



SMSP MEETING GUIDELINES 2022

Version 2

Date: 13 April 2022

Guidance for SMSP **participants** for in person meetings during the 2022 and guided as per the last approved revision of the Covid-19 public health and social measures approved by the Platinum Command on 25th February 2022 whereby indoor gathering are permitted according to the venue's capacity and SOPs.

BACKGROUND

Coronaviruses are a large family of respiratory viruses. Some cause less-severe disease, such as the common cold, and others more severe disease such Severe Acute Respiratory Syndrome (SARS). For the current status of Covid-19 in Seychelles please visit <http://www.health.gov.sc/index.php/press-release-blog/press-update/> and [Seychelles: WHO Coronavirus Disease \(COVID-19\) Dashboard With Vaccination Data | WHO Coronavirus \(COVID-19\) Dashboard With Vaccination Data](#)

PREVENTION AND GENERAL PRECAUTIONS

Some guidance for respiratory viruses, equally to COVID-19, as below.

1. Avoid being exposed to respiratory viruses:

- Avoid close contact with people who are ill with fever, cough or respiratory symptoms.
- Wash or sanitize your hands frequently – this is one of the most effective measures available
- For more information on Guidance for Management of COVID-19 Cases & Contacts please visit [Guidance-for-Management-of-COVID-19-Cases-and-Contacts-Jan-2022.pdf \(health.gov.sc\)](#)

2. Avoid spreading respiratory viruses if you are unwell

- Stay at home or in your accommodation if you become unwell, develop a fever or other respiratory symptoms. Seek medical care but first always call ahead to your healthcare provider.
- Maintain your distance from others – at least 1 m / 3 feet;
- Cover your mouth and nose with a disposable tissue when coughing or sneezing and use the nearest waste receptacle to dispose of the tissue after use. If you do not have a disposable tissue cough or sneeze into your elbow;
- Wash or sanitize your hands frequently – after coughing, before preparing food or eating, after toilet use, after contact with ill persons, or during exposure to high traffic public areas.

HEALTHCARE FOR MEETING PARTICIPANTS

For respiratory illness or if you or other participants are unwell in the meeting room: If you are unwell with fever, cough or other respiratory symptoms is most likely to have a more common illness – the common cold or even influenza – not COVID-19. You should seek care from a health care provider. If you have fever, cough or respiratory symptoms AND you have been to a high-risk location or cared for someone with COVID-19, you may be considered a suspect COVID-19 case. Seek care by phone and ensure you tell organizers or any responding medical personnel of your travel.

For Medical emergencies: You should call Medical Service on +248 999 or call the DOH hotline on (+248) 141 if you have any symptoms² of COVID-19 or any health concerns on COVID-19.



SPECIFIC MEASURES FOR SMSP MEETINGS

BEFORE THE MEETING

Participants should:

- Follow the advice for Meeting participants, including handwashing and cough etiquette advice and be aware of the signs and symptoms of respiratory illness and how to manage it.

DURING THE MEETING

Participants should:

- Strictly not attend the meeting if you are unwell, have a fever, cough or respiratory symptoms.
- Undertake regular preventive measures such as cough etiquette and regular handwashing as described in the brochures provided.
- Wear a mask unless you are speaking.
- Contact the medical service if you are unwell AND have also been to an 'at risk' location for coronavirus in the last 14 days.

FAQ'S FOR MEETING PARTICIPANTS

I have an important role or presentation to make but am unwell. What should I do?

You should not attend the meeting. Speak with the organizers who may have videoconference arrangements in place so that you can attend or deliver presentations remotely.

Another participant is coughing and unwell. What should I do?

The first step is to keep your distance from them – at least 1m / 3 feet. If appropriate, encourage the person to avoid others and to seek advice from a healthcare provider.

Will there be hand sanitizer available?

Generally, yes. Organizers should have arranged to have hand sanitizer available, although simple handwashing is equally (if not more) effective.

Should I or other participants get or wear face masks?

Yes. This is a requirement in Seychelles.

Is there other information available?

Yes. The information provided in this brief is enough to manage most concerns, however for further information we suggest only reputable and up to date sources. We suggest you review the 'Travel Advice' and 'Protect Yourself' sections at the World Health Organizations website, which is constantly updated to reflect the most recent guidance.

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

